

# The Safe Zone Allies Program and the Center for Multicultural and Diversity Education are here for you.

This pamphlet contains some of the most current local, state, and federal resources that you may find useful on your journey of discovery and affirmation. We have included healthcare providers, support services, legal assistance, and resources for those who wish to become socially engaged in the NWA community and beyond. As a university affiliated program, we do not endorse any of the organizations or websites listed here, but rather offer this list of resources as a starting point for individuals who seek support and guidance.



## Take Action

### **hrc.org**

Human Rights Campaign (HRC) envisions a world where every member of the LGBTQ family has the freedom to live their truth without fear, and with equality under the law. We empower our 3 million members and supporters to mobilize against attacks on the most marginalized people in our community.

### **transequality.org**

Advocates changing policies and society to increase understanding and acceptance of transgender people. Works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

## Get Involved

### **The Multicultural Center**

[https://multicultural.uark.edu/@uark\\_mc](https://multicultural.uark.edu/@uark_mc)

### **Safe Zone Allies**

<https://hogsync.uark.edu/forms>  
search "Safe Zone Allies"



UNIVERSITY OF  
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Student Affairs

# RESOURCES FOR TRANS & NON-BINARY STUDENTS



## Support Services

### **ozarkvoice.com**

Serves the transgender and non-binary communities of Arkansas, Missouri, Oklahoma, Kansas and Texas. Gender-affirming voice therapy is a proven and effective method of developing a way to discover a voice you can truly identify with.

### **<https://transequalitynetwork.org>**

Non-profit organization dedicated to improving the lives of transgender, gender non-conforming, and non-binary people in Northwest Arkansas. Provides resources for the community as well as educational opportunities for local businesses, religious entities, non-profits, and organizations.

### **[transequalitynetwork.org](https://transequalitynetwork.org)**

**/2020/10/28/finding-your-voice-as-a-trans-femme/**

Blog post describing the journey and process of voice training. Voice training is in no way a requirement for transitioning, but it is an important part of the process for some.

### **[transequalitynetwork.org](https://transequalitynetwork.org)**

**/name-and-gender-change/**

Outlines the process and paperwork required for name/gender change in Arkansas. Provides links to county sites to check the process during Covid-19, as many court processes that are deemed "non-emergency" are not available at this time.

### **[pflagnwa.com](https://pflagnwa.com)**

Provides support, advocacy & education to members of the LGBTQ+ spectrum, their families, allies & community. Since 2014 "PFLAG" is no longer an acronym, just the name of our organization. The NW Arkansas chapter was founded May 1990. The Trans Support Group meets on the every Tuesday of the month at 6:30 on Zoom. Trans and Trans-questioning only, PFLAG asks that allies, parents, & spouses come to the general meeting instead.

### **[transequality.org](https://transequality.org)**

**/documents/state/arkansas**

One-stop hub for name and gender change information. Find out how to update your name and gender on state and federal IDs and records.

### **[www.hrc.org/in-your-area/arkansas](https://www.hrc.org/in-your-area/arkansas)**

Human Rights Campaign Group and Resources for Arkansas

## Medical Resources

### **[vectorhealthnwa.com](https://vectorhealthnwa.com)**

Entire family healthcare. Reproductive health services including birth control, STI testing, PEP, PrEP, and treatment, and LGBTQ affirming general health and trans/gender-affirming care including HRT for transgender and nonbinary patients.

### **[fayettevillear.va.gov](https://fayettevillear.va.gov)**

Promotes the health, welfare, and dignity of LGBT Veterans and their families. Focused on ensuring a safe, welcoming, and affirmative environment of care for LGBT Veterans.

### **[nwaelectrolysis.com](https://nwaelectrolysis.com)**

Certified electrologist in northwest Arkansas with extensive experience working with Trans clients.

### **[facebook.com/ANEWimagestudio](https://facebook.com/ANEWimagestudio)**

Experienced laser technician with some experience working with Trans clients.

### **[wpath.org](https://wpath.org)**

The World Professional Association for Transgender Health (WPATH). 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally. Funded primarily through the support of our membership, and through donations and grants sponsored by non-commercial sources.

### **[prevention.ucsf.edu/transhealth](https://prevention.ucsf.edu/transhealth)**

Mission to increase access to comprehensive, effective, and affirming health care services for transgender and gender diverse communities. Developing and implementing programs in response to community-identified needs.

## Legal Services

### **Erin M. Sudduth, Attorney at Law**

(479) 856-5990

130 N. College Ave., Ste., C Fayetteville, AR 72701

The Law Offices of Erin M. Sudduth are a general practice law firm specializing in criminal and corporate law and assisting businesses with legal services.

### **Lambda Legal, [Lambdalegal.org](https://lambdalegal.org)**

(866) 542-8336

120 Wall Street, 19th Floor, New York, NY 10005

Founded in 1973, Lambda Legal is the oldest and largest national legal organization. Their mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

### **Mullins and Blake, Attorneys**

(479) 750-2334802

W. Maple Ave., Springdale, AR 72764

Bradley Mullins and Roxanne Blake view all cases accepted by the Firm with a team approach. No matter what problem you are facing, don't wait, contact their firm for a free consultation. Mullins & Blake focuses on personal injury cases and also handles criminal defense, bankruptcy, and family law, and will work aggressively to treat your case with the attention and respect it deserves.

### **Steven H. Kay and Associates**

(479) 521-3334

1875 Main Drive, Fayetteville, AR 72704

The Offices of Steven H. Kay pride themselves on developing and maintaining relationships with their clients by providing the personal attention they deserve. They focus on criminal, corporate, and immigration legal services.